

AGENDA

SEDENTARY BEHAVIOR: IDENTIFYING RESEARCH PRIORITIES WORKSHOP

JUNE 26, 2013 MEETING

Welcome and Introductions	Dr. Josephine Boyington; Program Director, NHLBI	3:00 - 3:07
Brief Remarks	Dr. Mike Lauer; Director, Division of Cardiovascular Sciences, NHLBI	3:08 - 3:13
Opening Remarks	<u>Co-chairs</u> Dr. Russell Pate (University of South Carolina)	3:13 - 3:18
	Dr. Roger Fielding (Tufts University)	
Introductions	<u>Session Coordinator</u> Dr. John Jakicic (University of Pittsburg)	3:18 - 3:25
	<u>Presenters</u> Dr. Peter Katzmarzyk (Pennington Biomedical Research Center, Louisiana State University) Dr. I-min Lee (Harvard School of Public Health) Dr. Andrea Hergenroeder (University of Pittsburg)	
	<u>Discussants</u> Dr. William Kohl (University of Texas Health Science Center – Houston) Dr. Dave Bassett (University of Tennessee - Knoxville) Dr. Genevieve Healy (University of Queensland, Australia) Dr. Bethany Barone Gibbs (University of Pittsburg) (Assistant Coordinator/ Junior faculty invitee)	

Facilitation of Presentations	Dr. John Jakicic	3:25 – 4:25
	<u>Topic/ Presenter</u>	
	<i>Sedentary Behavior: Definition and Epidemiology</i> Dr. Peter Katzmarzyk (PBRC- Louisiana State University)	3:25 - 3:35
	<i>Associations of Sedentary Behavior with Cardiometabolic Disease</i> Dr. I-min Lee (Harvard School of Public Health)	3:35 - 3:45
	<i>Sedentary Behavior and Aging</i> Dr. Andrea Hergenroeder (University of Pittsburg)	3:45 - 3:55
	<i>Measurement of Sedentary Behavior</i> Dr. John Jakicic (University of Pittsburg)	3:55 - 4:05
Summary of Recommendations	Dr. John Jakicic (University of Pittsburg)	4:05 –4:10
Discussion of All Presentations	Co-Chair/ Coordinator/Discussants/Presenters	4:10 – 5:15
Summary of discussion/Identification of top 2 Recommendations	Dr. Russell Pate (University of South Carolina)	5:15-5:25
Closing remarks/ Meeting adjourned	Dr. Lyndon Joseph (NIA)	5:25-5:30pm

AGENDA

SEDENTARY BEHAVIOR: IDENTIFYING RESEARCH PRIORITIES WORKSHOP Physiology of Sedentary Behavior and its Relationship to Health Outcomes

JULY 12, 2013 MEETING

Welcome and Introductions	Dr. Lyndon Joseph; Program Officer, NIA	3:00 - 3:05
Opening Remarks	<u>Co-chairs</u> Dr. Roger Fielding (Tufts University) Dr. Russell Pate (University of South Carolina)	3:06 - 3:10
Introductions	<u>Session Coordinator</u> Dr. Frank Booth (University of Missouri) <u>Presenters</u> Dr. James Levine (Mayo Clinic—Arizona State University) Dr. Frank Booth (University Of Missouri) Dr. John Thyfault (University of Missouri) Dr. William Kraus (Duke University) Margaret Du (Harvard University) <u>Discussants</u> Dr. Ben Levine (Univ. of Texas- Southwestern) Dr. Mark Tarnopolsky (McMaster University - Canada)	3:10 - 3:15

Dr. Marc Hamilton (Pennington Biomedical Research Center - LSU)

Dr. David Dunstan (Monash University - Australia)

Dr. Konstantin Khrapko (Harvard Medical School)

Facilitation of Presentations	Dr. Frank Booth	3:15 – 4:15
	<u>Topic/ Presenter</u>	
	<i>Inactivity Science</i> Dr. James Levine (Mayo Clinic--ASU)	3:15 - 3:25
	<i>Waging War on Physical Inactivity</i> Dr. Frank Booth (University of Missouri)	3:25 - 3:35
	Audience Questions Dr. Roger Fielding (Tufts University)	3:35 - 3:40
	<i>Models for Studying Mechanistic links between Physical Inactivity and Disease</i> Dr. John Thyfault (University of Missouri)	3:40 – 3:50
	<i>Physical Inactivity as a Disease—Lessons from Clinical Trials</i> Dr. William Kraus (Duke University)	3:50 - 4:00
	<i>Sedentary Behavior and Telomeres</i> Dr. Margaret Du (Harvard University)	4:00 –4:05
	Audience Questions Dr. Roger Fielding (Tufts University)	4:05-4:10
Summary of	Dr. Frank Booth (University of Missouri)	4:10-4:15

Recommendations

Discussion of All Presentations	Co-Chair/ Coordinator/Discussants/Presenters/Audience	4:15 – 5:20
Summary of discussion/Identification of top 2 Recommendations	Dr. Roger Fielding (Tufts University)	5:20-5:25
Closing remarks/ Meeting adjourned	Dr. Josephine Boyington; Program Director, NHLBI	5:25-5:30pm

AGENDA

SEDENTARY BEHAVIOR: IDENTIFYING RESEARCH PRIORITIES WORKSHOP: Influences on Sedentary Behavior/Interventions to Reduce Sedentary Behavior JULY 26, 2013 MEETING

Welcome and Introductions	Dr. Lyndon Joseph; Program Officer, NIA	3:00 - 3:05
Opening Remarks	<u>Co-chairs</u> Dr. Russell Pate (University of South Carolina) Dr. Roger Fielding (Tufts University)	3:06 - 3:10
Introductions	<u>Session Coordinator</u> Dr. Jack Rejeski (Wake Forest University) <u>Presenters</u> Dr. Jack Rejeski (Wake Forest University) Dr. Simon Marshall (University of California San Diego) Dr. Lucas Carr (University of Iowa) Dr. Tom Robinson (Stanford University) Dr. Abby King (Stanford University) <u>Discussants</u> Dr. Jacqueline Kerr (University of California San Diego) Dr. Jo Salmon (Deakin University. -Australia)	3:10 - 3:15

Dr. Shawn Youngstedt (University of South Carolina)

Dr. Todd Manini (University of Florida)

Facilitation of Presentations	Dr. Jack Rejeski (Wake Forest University)	3:15 – 4:15
	<u>Topic/ Presenter</u>	
	<i>NIH Sedentary Behavior Workshop: Introduction to Interventions</i> Dr. Jack Rejeski (Wake Forest University)	3:15 - 3:25
	<i>Sedentary Behavior Across the Life Span</i> Dr. Simon Marshall (University California San Diego)	3:25 – 3:35
	<i>Reducing Sedentary Behavior: Levels of Intervention</i> Dr. Tom Robinson (Stanford University)	3:35 - 3:45
	<i>Audience Questions</i> Dr. Roger Fielding (Tufts University)	3:45 - 3:50
	Role of Technology in Reducing Sedentary Behavior Dr. Lucas Carr (University of Iowa)	3:50 – 4:00
	<i>Raising Population Awareness of Sedentary Behavior</i> Dr. Abby King (Stanford University)	4:00 - 4:10
	<i>Audience Questions</i> Dr. Roger Fielding (Tufts University)	4:10-4:15
Summary of Recommendations	Dr. Jack Rejeski (Wake Forest University)	4:15-4:17

Discussion of All Presentations	Co-Chair/ Coordinator/Discussants/Presenters/Audience	4:17 – 5:20
Summary of discussion/Identification of top 2 Recommendations	Dr. Roger Fielding (Tufts University)	5:20-5:25
Closing remarks/ Meeting adjourned	Dr. Josephine Boyington; Program Director, NHLBI	5:25-5:30pm

AGENDA

SEDENTARY BEHAVIOR: IDENTIFYING RESEARCH PRIORITIES WORKSHOP
**Novel Strategies and Approaches for Sedentary Behavior Research/
Sedentary Behavior in Special Populations**
August 14, 2013;
3:00-5:30PM

Welcome and Introductions	Dr. Josephine Boyington; Program Officer, NHLBI	3:00 - 3:06
Opening Remarks	<u>Co-chairs</u> Dr. Russell Pate (University of South Carolina) Dr. Roger Fielding (Tufts University)	3:06 - 3:10
Introductions	<u>Session Coordinator</u> Dr. David Buchner (University of Illinois – Urbana, Champaign) <u>Presenters</u> Dr. I-Min Lee (Harvard Medical School; Harvard School of Public Health) Dr. Deborah Young (Kaiser Permanente – Southern California) Dr. Tom Prohaska (George Mason University) Dr. Neville Owen (Baker IDI Heart & Diabetes Inst., Melbourne, Australia) <u>Discussants</u> Dr. Stephen Fortmann (Kaiser Permanente Center for Health Research)	3:10 - 3:15

Dr. James F. Sallis (University of California, San Diego)

Dr. William Haskell (Stanford University School of Medicine)

Dr. Steve Blair (University of South Carolina)

Dr. Dori Rosenberg (Group Health Research Institute)

Facilitation of
Presentations

Dr. David Buchner (University of Illinois – Urbana, Champaign)

3:15 – 4:15

Topic/ Presenter

*Overview: Novel Strategies and Approaches for Sedentary Behavior
Research & Sedentary Behavior in Special Populations*

3:15 - 3:25

Dr. David Buchner (University of Illinois – Urbana, Champaign)

*Novel Approaches to Sedentary Behavior Research: An Epidemiologic
Perspective*

3:25 – 3:35

Dr. I-Min Lee (Harvard Medical School; Harvard School of Public Health)

Opportunities for Research in Health Systems

3:35 - 3:45

Dr. Deborah Young (Kaiser Permanente – Southern California)

*Facilitating the Translation of Research Findings on Reducing Sedentary
Behavior*

3:45 – 3:55

Dr. Tom Prohaska (George Mason University)

An International Perspective on Sedentary Behavior Research Strategy

3:55-4:05

Dr. Neville Owen (Baker IDI Heart & Diabetes Inst., Melbourne, Australia)

Summary of
Recommendations

Dr. David Buchner (University of Illinois – Urbana, Champaign)

4:05-4:07

Discussion	Co-Chair/ Coordinator/Discussants/Presenters/Audience	4:07-5:20
Summary of Discussions/ Identification of top 2 Recommendations	Dr. Russell Pate (University of South Carolina)	5:20-5:25
Closing Remarks	Dr. Lyndon Joseph, Program Director (NIA)	5:25-5:30